

Do you want to save money on your energy bills?

Attend an Energy Clinic on the 28th of October at the Civic Offices, Nenagh.

Tipperary Energy Agency with the support of North Tipperary County Council will be holding an Energy Clinic aimed at house owners and tenants in the offices of North Tipperary County Council on Tuesday the 28th of October 2008 at 12p.m until 2p.m. The Energy Clinic is being organized in conjunction with Energy Awareness Week which is taking place in the Civic Offices from the 27th to the 31st of October. Members of the public are invited to attend this Energy Clinic which is free of charge and also to visit the energy display in the concourse during the awareness week.

Áine Mc Carthy, Environmental Awareness Officer with North Tipperary County Council who is organizing the workshop commented that "As the winter approaches our energy consumption and bills are getting higher and higher. There are simple ways to reduce your energy bills and by following some easy steps you could save up to €300 per year.

Ms Mc Carthy listed her top ten tips for saving money on bills and in turn this will significantly reduce the amount of CO² entering the atmosphere from a household.

1. Turn off you TV rather then leave it on stand by - equipment on stand by uses 20% of the energy it would use when fully on
2. Walk or cycle instead of driving short distances
3. Turning your heating down by 1 degree celsius - Turning your thermostat down by 1 degree will take 10% off your heating bill
4. Buy A rated kitchen appliances - Appliances are graded from A - G on how energy efficient they are. A appliances use considerably less electricity
5. Use energy efficient light bulbs (CFL's) instead of traditional bulbs in your home - Although they cost more by replacing 3 ordinary bulbs in your home, they last longer therefore you won't need to buy a new bulb as quickly.
6. Insulate your attic - Attic insulation keeps the heat in your home for longer
7. Fit a lagging jacket - Putting an insulating jacket around your hot water tank will keep the water warmer for longer
8. Don't overfill your kettle - By boiling only as much water as you need you are saving energy and water.
9. Check your radiators for thermostatic radiator valves (TRV's) - This allows you to control the heat of the radiator in each room and regulate the heating of your home more efficiently.
10. Support renewable energy initiatives in your local community.

During the awareness clinic Tipperary Energy Agency will help identify areas where energy usage can be reduced and will provide tips on energy conservation and good housekeeping

measures. People attending will be given the opportunity to discuss any specific energy issues they may have with members of staff from the Agency such as insulation, solar panels, geothermal heating, money saving initiatives and much more.

Tipperary Energy Agency is one of 14 Energy Agencies in Ireland and works in the areas of energy conservation and renewable energy and promotes these through information provision, education, service provision and project development. It is heavily involved with North Tipperary County Council to which it provides an Energy Management Service. The Agency is also working on a number of projects to achieve a more energy efficient county. The current projects can be found on our website www.tea.ie and include projects on energy efficiency for social housing, monitoring of energy consumption in municipal buildings and development of bio-fuels.

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